



Sunset Hills

United Presbyterian Church

Below is information for upcoming activities at SHUP:

Sunday, June 4, 2023

9:00 am - Adult Sunday School: The class will meet in the Library. If you would like to learn more, please email Pastor Laura at revlaurastrauss@gmail.com.

10:15 am - Sunday Worship: We will hold our worship service in the Sanctuary. If you are unable to join us in person, a video of the service can be found on our YouTube channel:

https://www.youtube.com/channel/UCeEpiQYSD_9My9tb5GEhVRA

You can get a copy of the bulletin for this service by visiting our website www.shupchurch.org.

11:30 am – Mission Meeting: The Mission Commission will hold a meeting in the Cort Room.

11:30 am – CE Meeting: The CE Commission will hold a meeting in the Library.

Tuesday, June 6, 2023

9:15 am – Yoga: Instructors from BreathIN2IT will hold class in Crystal Hall. To register for the class, please visit their website at [Online Stress Management & Anxiety Relief Programs \(breathein2it.com\)](http://Online Stress Management & Anxiety Relief Programs (breathein2it.com))

7:00 pm – Square Dance Class: The Peanuts Square Dance Club will hold a class in Crystal Hall. If you would like to join the class, the cost is \$5/person. No experience or partner required! Call Beth with any questions or for more information: (412) 680-4837.



Wednesday, June 7, 2023

4:30 pm – Quilting Group: A quilting group will meet in Findley Hall.

6:30 pm – Tai Chi: Certified Tai Chi instructor, Gurney Bolster will hold Tai Chi class in Crystal Hall. To learn more about this class, contact Gurney at: gurney.bolster@gmail.com.

7:30 pm – Neighborhood Outreach Meeting: The Neighborhood Outreach Commission will hold a meeting via Zoom.

Thursday, June 8, 2023

6:45 pm – Yoga: Instructors from BreatheIN2IT Yoga studio will continue to hold a class in Crystal Hall. To register for the class, please visit their website at [Online Stress Management & Anxiety Relief Programs \(breathein2it.com\)](https://breathein2it.com).

